



# W E L C O M E !

## Wednesday, November 1<sup>st</sup> | Schedule

For people who are arriving on November 1<sup>st</sup>, conference registration will be open and there are a couple of networking activities planned.

### EARLY REGISTRATION & NETWORKING ACTIVITIES

<b>5:00 – 9:00pm</b>	<b>Registration Open/ Networking</b> (Carriage House)
<b>5:00 – 7:00pm</b>	<b>Welcome Reception</b> (Carriage House)
<b>TBD</b>	<b>Bonfires/S'mores</b> (weather permitting)



## Day 1: Thursday, November 2<sup>nd</sup> | Morning Schedule of Events

### DAY 1: MORNING ACTIVITIES

<b>6:00 – 6:30am</b>	<b>Breath, Body, Mind Practice Session</b> (Carriage House   Mezzanine)
<b>6:45 – 7:30am</b>	<b>Yoga w. Lisa Maynard</b> (Carriage House   Mezzanine)
<b>6:30 – 7:15am</b>	<b>Morning Walk</b> (TINRC Staff)

### DAY 1: MORNING CONFERENCE SCHEDULE

<b>8:00 – 9:00am</b>	<b>Registration &amp; Continental Breakfast</b> (Carriage House)
<b>9:00 – 9:15am</b>	<b>Day 1: Welcome &amp; Opening General Session</b> Elizabeth Meeker Video w. Ann Sullivan, Commissioner of the NYS OMH
<b>9:15 – 10:15am</b>	<b>OPENING SESSION: FEATURE SPEAKER &amp; STORYTELLERS (WHY?)</b>  <b>Featured Speaker:</b> * Cathy Cave <b>Storytellers:</b> * Billy Gamble * Adair Finucane * Bouakham Rosetti
<b>10:15 – 10:30am</b>	Walk to Conference Center (Coffee & Beverage Station available)
<b>10:30am -12:00pm</b>	<b>CONCURRENT WORKSHOPS-A</b> (Conference Center)
<b>Room/Location</b>	* School Roundtable Panel: Greta B. Johnston   Chelsea Kehoe   Laura Heeter Dr. Kristin Garaas-Johnson   Andrea Fallick   Kara Santucci
	* Frontline Workers Roundtable Panel: Jessica Okoniewski   Natalie Lleras   Carrie Ann Wong
	* The Body Holds the Story: Move and Color it Out!
	* Connecting Trauma-Informed Practice, DEIAB, and Client/Community Engagement: The Power of Co-design
	* Healing Practices for Emotional Hygiene & Energy Movement
	* TIC on a budget-Transformation Does Not Have to be Expensive



**Day 1: Thursday, November 2<sup>nd</sup> | Afternoon Schedule of Events**

<b>DAY 1: AFTERNOON CONFERENCE SCHEDULE</b>	
<b>12:30 – 2:00pm</b>	<b>AFTERNOON SESSION: Lunch/Networking/Featured Speaker</b> (Carriage House)
<b>12:30 – 1:00pm</b>	<b>Plated Lunch &amp; Networking</b>
<b>1:00 – 2:00pm</b>	<b>FEATURE SPEAKER (WHAT?)</b>  * CENDIE STANFORD, CEO   ACEs Matter, Corp
<b>2:00 – 2:30pm</b>	Walk to Conference Center (Coffee & Beverage Station – PM Break)
<b>2:30 – 4:00pm</b>	<b>CONCURRENT WORKSHOPS-B</b> (Conference Center)
<b>Room/Location</b>	Lake George (South) * Healthcare Roundtable Panel: Aviva Cohen  Adair Finucane  Christi Waldron  Christine Kirk
	Lake George (North) * Breath-Body-Mind Information Session/Panel
	Long Lake Room * Take Back the Block: Building a Resilient Community One Block at a Time
	Tupper/Indian Lake * Understanding N.E.A.R. Science (Neuroscience, Epigenetics, ACEs, Resilience)
	Ft. Edward Room * It’s Not Over Yet: Long Term Collective Trauma on Employees and Organizations
	Albany Room * The Third ACE: The Impact of the COVID 19 Pandemic on Youth Mental Health
<b>4:00 – 4:15pm</b>	Walk to Carriage House (Coffee & Beverage Station available)
<b>4:15 – 5:00pm</b>	<b>DAY 1: ANNOUNCEMENTS AND CLOSING SESSION</b> Regional Networking (Carriage House)



## Day 1: Thursday, November 2<sup>nd</sup> | Evening Networking Activities

DAY 1: EVENING NETWORKING ACTIVITIES	
5:00 – 6:30pm	<b>Networking Reception</b> (Carriage House)
7:00 – 9:00pm	<b>Trivia Night</b> (Tankard Taverne)
7:00 – 8:00pm	<b>Salsa Dancing</b> w. Jim Rodriguez (Carriage House   Mezzanine)
8:00 – 9:00pm 	<b>Healing Rhythms in Community: Experiencing the Power of Drum Circles</b> Presenters: Chrys Ballerano   Deb Faust (Conference Center   Room: Long Lake)
8:15 – 9:00pm	<b>BBM Informational Session/Practice Session</b> (Carriage House   Mezzanine)
TDB	<b>Bonfires/S'mores</b> (weather permitting)



**NYS Trauma-Informed Network & Resource Center  
Annual Conference | November 2-3, 2023**

Fort William Henry Hotel & Conference Center | Lake George, NY

**Day 2: Friday, November 3<sup>rd</sup> | Schedule of Events**

**DAY 2: MORNING ACTIVITIES**

<b>6:00 – 6:30am</b>	Breath, Body, Mind Practice Session (Carriage House   Mezzanine)
<b>6:45 – 7:30am</b>	Yoga w. Lisa Maynard (Carriage House   Mezzanine)
<b>6:30 – 7:15am</b>	Morning Walk (TINRC Staff)

**DAY 2: CONFERENCE SCHEDULE**

<b>7:30 – 8:30am</b>	Breakfast Buffet/Networking (Carriage House)
<b>8:30 – 8:45am</b>	Walk to Conference Center (Coffee & Beverage Station available)
<b>8:45 -10:15am</b>	<b>CONCURRENT WORKSHOPS-C (Conference Center)</b>
<b>Room/Location</b>	Albany Room * Dismantling Sex Trafficking
	Lake George (North) * Taking Care of Our Own Compassionate Awareness of Lived Experience and Our First Responders: Recovery Down a Forked Trail
	Long Lake Room * Essex County NY’s Journey Towards a Trauma Responsive System of Care
	Lake George (South) * Telling is Healing Film & Dialogue
	Tupper/Indian Lake * Facilitating Toward Healing & Equity
	Ft. Edward Room * Getting at the Roots of Trauma: SDOH, Equity Work, and Community Wellness
<b>10:15 – 10:30am</b>	Walk to Carriage House *(Beverage Station available)
<b>10:30 – 11:30am</b>	<b>CLOSING SESSION: FEATURE SPEAKER &amp; STORYTELLERS (HOW?)</b>
	<p><b>Featured Speaker:</b> * Brittney Ellington</p> <p><b>Storytellers:</b> * Melanie Funchess</p> <p>* Mickey Sperlich</p> <p>* Julika von Stackelberg</p>
<b>11:30am – 12:00pm</b>	<b>DAY 2: CLOSING</b> Regional Presentations to be mentioned and used as follow-up