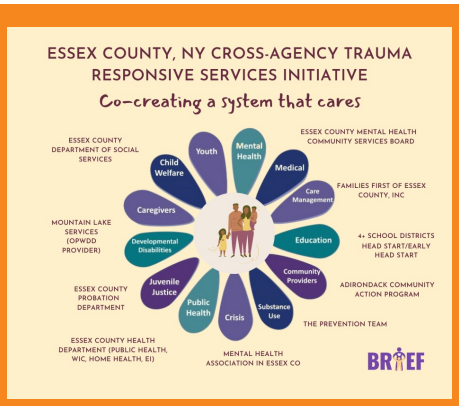
NEW YORK STATE TRAUMA-INFORMED NETWORK

FOCUS FORWARD...

BRINGING YOU THE LATEST NEWS FROM THE NYS TRAUMA-INFORMED NETWORK & RESOURCE CENTER

Resources | Connection | Inspiration



FOCUS
10 Lessons Learned on Essex County NY's Journey Toward a Trauma-Informed System of Care

NEW RESOURCES
Opportunities to learn more on this month's focus

CHAMPION'S CORNER
Features champion
Stefanie V. Miller, MBA
Building Resilience in Essex Families (BRIEF) Coalition Coordinator

TIPS
Getting the most from the NYS Trauma-Informed Network

Register for the second quarterly meeting of 2023 here!

WELCOME

TO THE NEW YORK STATE TRAUMA-INFORMED NETWORK AND RESOURCE CENTER

We're here to connect you with other organizations around NYS, bringing you resources and events on a variety of topics that promote trauma-responsive practices.

Our goal is to supportthose who are engaged in or interested in trauma-responsive practices across the state with improved connection and access to quality resources. Together we can increase the collective understanding of trauma, improve practice, and support resilience throughout New York State.

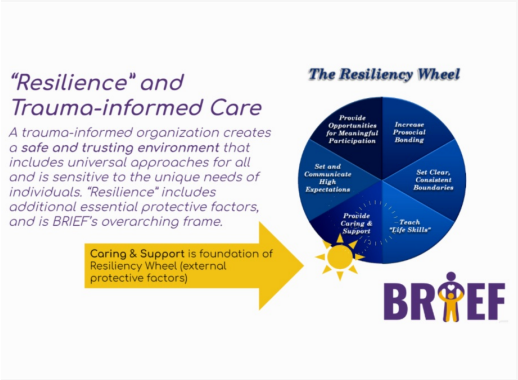
The First Official Trauma Informed Network and Resource Center Newsletter

Welcome to the first official edition of the NYS Trauma Informed Network & **Resource Center** Newsletter! We are beyond thrilled to have the opportunity to expand and grow this network across New York State and are deeply appreciative to the NYS Office of Mental Health for their support.

We know that the need has never been greater to support the expansion of equity-focused, trauma responsive practice. This investment by the state acknowledges the toll that Adverse Childhood Experiences, toxic stress, and the trauma arising from systemic and structural racism have on individuals and communities. The Trauma Informed Network and Resource Center (TINRC) will ensure our collective ability to transform our organizations and systems to support the health and well-being of all New Yorkers.

Read More

FOCUS ON:
10 Lessons Learned on Essex County NY's Journey Toward a Trauma-Informed System of Care



Focus: 10 Lessons Learned on Essex County NY's Journey Toward a Trauma-Informed System of Care

The first time I attended an ACEs training for human service providers, I found the trainer to be brilliant and the research fascinating. The trauma-informed practices were so promising, yet left me feeling dizzy with the magnitude of the work that needed to be done. I suddenly saw the impact of trauma everywhere but had little power or resources to implement meaningful change. I was the only one from my program attending, and there was no follow up. I was just one person and had little authority. I realized it would require a level of leadership and system change that felt unfathomable at the time. Even with buy-in, where would our organization even begin? Would it even be possible to measure an impact? And even if our organization became trauma-informed, but the system did not, would it even matter? Whomp whomp.

READ THIS MONTH'S BLOG POST

Additional Resources

Here are some important resources:

- What is Trauma Informed Care?
- Trauma-Informed Care Implementation Resource Center
- Key Ingredients for Successful Trauma-Informed Care Implementation

Search resources at the NYS Trauma-Informed Network and Resource Center

CHAMPION'S CORNER

Stephanie Valovic Miller, MBA
Building Resilience in Essex Families (BRIEF) Coalition Coordinator

Stefanie Valovic Miller, MBA, Coordinates Building Resilience in Essex Families (BRIEF), the coalition that convenes Essex County NY's System of Care. For over 20 years, Stefanie has led innovative cross-sector collaboratives working towards health equity at federal, state, county, and municipal agencies. Stefanie is a community organizer, and she originally joined the BRIEF Coalition as a family member navigating services.

TIPS

Here are some suggestions to help you get the most out of the NYS Trauma-Informed Network. Add a resource, share an event, help us spread the word and drive change in NYS.

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