NEW YORK STATE TRAUMA-INFORMED NETWORK

FOCUS FORWARD...

BRINGING YOU THE LATEST NEWS FROM THE NYS TRAUMA-INFORMED NETWORK & RESOURCE CENTER

Resources | Connection | Inspiration

FOCUS
ACEs Awareness Day: Why it Matters Every Day

NEW RESOURCES
Opportunities to learn more on this month's focus

CHAMPION'S CORNER
Features champion
Teena Brooks, LMSW
Assistant Director, Office of Consumer Affairs, NYC Department of Health and Mental Hygiene

TIPS
Getting the most from the NYS Trauma-Informed Network

WELCOME

TO THE NEW YORK STATE TRAUMA-INFORMED NETWORK AND RESOURCE CENTER

We're here to connect you with other organizations around NYS, bringing you resources and events on a variety of topics that promote trauma-responsive practices.

Our goal is to supportthose who are engaged in or interested in trauma-responsive practices across the state with improved connection and access to quality resources. Together we can increase the collective understanding of trauma, improve practice, and support resilience throughout New York State.

LAST CHANCE:

Register for the first Quarterly Meeting of 2023 here!

Your Input is Needed!

The New York State Office of Mental Health has made a substantial award to Coordinated Care Services, Inc. (CCSI) over a five-year contract, for the establishment of a Trauma-Informed Network and Resource Center (TINRC) to advance the understanding of trauma, the use of trauma-informed principles, and the availability of trauma-informed care throughout the state.

This initiative includes a redesign and expansion of the current website. Your input during this process is a critical component of designing a site that best serves the needs of New Yorkers seeking information about trauma-informed, equity-focused practices.

Take Survey Here

FOCUS ON:
ACEs Awareness Day: Why it Matters Every Day

Focus: ACEs Awareness Day: Why it Matters Every Day

Adverse Childhood Experiences or ACEs are potentially traumatic events in childhood (i.e. parental divorce or incarceration, violence, food insecurity, etc.,) that can have negative, lasting effects on health and well-being throughout life. The higher the number of ACEs experienced, the greater the risk of having negative health risk behaviors and outcomes, such as obesity, ischemic heart disease, chronic obstructive pulmonary disease (COPD), suicide, substance use disorder, and depression. ACEs are costly and preventable.

READ THIS MONTH'S BLOG POST

Additional Resources

Here are some important resources:

- Integrating Adverse Childhood Experiences (ACEs) Screening

into Clinical Practice: Insights from California Providers
- ACEs and Resilience
- Adverse Childhood Experiences in a Low-Income Black Cohort: The Importance of Context

Search resources at the NYS Trauma-Informed Network and Resource Center

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CHAMPION'S CORNER

Teena Brooks, LMSW
Assistant Director of the Office of Consumer Affairs
NYC Department of Health and Mental Hygiene

Clarencetine (Teena) Brooks, LMSW, M.Phil., ABD is the Assistant Director of the Office of Consumer Affairs (OCA)-NYC Department of Health and Mental Hygiene. OCA works to ensure that the consumer/peer perspective informs the Divisions policy development and community engagement work. She identifies as a trauma survivor and person with lived experience. Teena is a member of the New York Trauma-informed Networks Advisory Council and also serves as a Board member and chair of the DEIJ committee for the Campaign for Trauma-informed Policy and Practice (CTIPP).

Previously, she worked for thirteen years with the Urban Justice Center, an innovative nonprofit that serves New York City's most vulnerable residents through a combination of direct legal service, systemic advocacy, community education and political organizing. In this position she worked to support the development of impact litigation and public policy strategies to address the criminalization of people with mental health conditions.

Teena has also worked closely with the New York Association of Psychiatric Rehabilitation Services (NYAPRS). Ms. Brooks served as a Regional Organizer from 2000 to 2006. Teena also served as Co-President of the Board of Directors for NYAPRS from 2006-2008 and co-chaired the organizations' cultural competence committee and was an active member of the public policy and strategic planning committees before becoming a consultant for the organization from 2009 to 2014.

She is also a lecturer and adjunct professor at Columbia University School of Social Work and has taught social welfare policy at Fordham University Graduate School of Social Service and Touro School of Social Work.

Teena has received awards for the National Association of Social Workers (NASW), The New York Association Psychiatric of Rehabilitation Services (NYAPRS), The National Coalition of Mental Health, and Transitional Services for NY, Inc.

Teena is a doctoral candidate at the Graduate Center of the City University of New York in the Social Welfare program.

TIPS

Here are some suggestions to help you

get the most out of the NYS Trauma-Informed Network. Add a resource, share an event, help us spread the word and drive change in NYS.

NEW YORK STATE TRAUMA-INFORMED NETWORK

CCSI Coordinated Care Services Inc. Innovative Solutions in Human Service Delivery

NYS Trauma Informed Network and Resource Center
https://traumainformedny.org
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NEW YORK STATE | Office of Mental Health