NEW YORK STATE TRAUMA-INFORMED NETWORK

FOCUS FORWARD...

BRINGING YOU THE LATEST NEWS FROM THE NYS TRAUMA INFORMED NETWORK

Resources | Connection | Inspiration

FOCUS
Postvention is Prevention

NEW RESOURCES
Opportunities to learn more on this month's focus

CHAMPION'S CORNER
Features champion
Nellana Flores, MSW
Postvention Support Specialist
The Mental Health Association of Westchester

TIPS
Getting the most from the NYS Trauma-Informed Network

2022 NYS TI Network Quarterly Meetings Calendar!

WELCOME

TO THE NEW YORK STATE TRAUMA-INFORMED NETWORK

We're here to connect you with other organizations around NYS, **bringing you resources and events on a variety of topics that promote trauma-responsive practices.**

Our goal is to support champions of trauma responsive practices across the state with improved connection and access to quality resources. Together we can increase the collective understanding of trauma, improve practice, and support resilience throughout New York State.

FOCUS ON:
Postvention is Prevention

Focus: Postvention is Prevention

Postvention is best defined as providing assistance to individuals who have lost a loved one to suicide. The primary goals of postvention services are to provide emotional support and healing, as well as education and guidance to help reduce the negative effects of suicide exposure. Postvention services also help individuals with their grief process. In order for postvention services to be most effective, they must be implemented ahead of time in anticipation of a potential future crisis. It is also critical that information about available services be made accessible to the community where the services are provided. Postvention plans can be developed at the community, city, or county levels, as well as in schools and workplaces.

READ THIS MONTH'S BLOG POST

Need Help Now? Dial 988 or text 'Got5' to 741741.

Additional Resources

Here are some important resources:

- American Foundation for Suicide Prevention: I've Lost Someone
- NYS Office of Mental Health Suicide Prevention
- Workplace Suicide Prevention

Search Resources at the NYS Trauma-Informed Network for more

Champion's Corner

Ms. Flores also known as “Nelly”, is the “Postvention Support Specialist” who provides emotional support, grief education, and connects members of the community to various resources, that would enhance individual needs. Nelly has more than seven years of

Nellana Flores, MSW
Postvention Support Specialist,
The Mental Health Association of Westchester

experience working with underserved communities by establishing collaboration as a team member in the development and application of applied research, behavioral intervention plans, prevention of abuse/neglect, housing, advocacy, and much more.

Nelly earned her Master in Social Work degree from the Silberman School of Social Work at Hunter College and is also a certified trainer for Helping Students at Risk for Suicide (HSAR).

TIPS

Here are some suggestions to help you get the most out of the NYS Trauma-Informed Network. Add a resource, share an event, help us spread the word and drive change in NYS.

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