NEW YORK STATE TRAUMA-INFORMED NETWORK

FOCUS FORWARD...

BRINGING YOU THE LATEST NEWS FROM THE NYS TRAUMA INFORMED NETWORK

Resources | Connection | Inspiration

FOCUS
Let Them Create: What I Have Found Through Creative Expression

NEW RESOURCES
Opportunities to learn more on this month's focus

CHAMPION'S CORNER
Features champion
Natalie Nordlund, EdS, NCSP
Consulting Intern, Coordinated Care Services, Inc.

TIPS
Getting the most from the NYS Trauma-Informed Network

Remember to register for or update your NYS Trauma-Informed Network listings!

WELCOME

TO THE NEW YORK STATE TRAUMA-INFORMED NETWORK

We're here to connect you with other organizations around NYS, bringing you resources and events on a variety of topics that promote trauma-responsive practices.

Our goal is to support champions of trauma responsive practices across the state with improved connection and access to quality resources. Together we can increase the collective understanding of trauma, improve practice, and support resilience throughout New York State.

FOCUS ON:
Let Them Create:

What I Have Found Through Creative Expression

Focus: Let Them Create: What I Have Found Through Creative Expression

Oftentimes, it may be difficult for thoughts and emotions to be identified, fully understood, and communicated. It can be a very vulnerable and nerve-wracking experience to share about and show oneself to others, for fear of being judged, viewed negatively, or even hurt. It may be incredibly difficult to talk about emotionally painful and traumatic experiences aloud even if one wants so badly to tell someone. Where all these experiences can be difficult for adults, they can particularly be difficult for children.

READ THIS MONTH'S BLOG POST

Additional Resources

Here are some important resources:

- Creating Trauma Sensitive Classrooms
- The Connection Between Art, Healing, and Public Health: A Review of Current Literature
- Supporting Student Wellness Through the Arts

Search Resources at the NYS Trauma-Informed Network for more

Champion's Corner

Natalie Nordlund, EdS, NCSP is a Consulting Intern at Coordinated Care Services, Inc. (CCSI) in Rochester, NY. She is a School Psychology doctoral candidate at The Chicago School of Professional Psychology in Chicago, IL. She received her Bachelor's degree in Psychology and Sociology at Drake University in Des Moines, IA, and completed both her Master's degree in Psychology and Education Specialist degree in School Psychology at The Chicago School of Professional Psychology. Prior to returning to graduate school full-time for her doctorate program, Natalie worked as a school psychologist in Milwaukee, WI with

Milwaukee Public Schools for four years. While working as a school psychologist, she engaged actively in schoolwide systems level initiatives, including PBIS, SEL, mindfulness, and training and supporting staff on utilizing trauma-informed and restorative practices.

Natalie Nordlund, EdS, NCSP
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She also served as an active member on various school-based leadership teams including her school's CARE team (Coalition of Anti-Racist and Restorative Educators) and Community School Leadership Team, and developed and facilitated her school's youth leadership team. During her doctoral advanced practicum with a clinic in Milwaukee during the 2021-22 academic year, Natalie participated in Milwaukee Public Schools' School Community Partnership for Mental Health (SCPMH) program by providing therapeutic services, consultation, and mental health related trainings and support directly in schools to improve school/community partnerships as well as students' access to care. Natalie's primary professional and research interests relate to systems level mental health initiatives for prevention and to positively impact all youth, cultivating youth's social and emotional development through innovative and creative methods (e.g., technology, play, arts, storytelling), and incorporating and amplifying youth voice into services, interventions, and systems level transformation.

TIPS

Here are some suggestions to help you get the most out of the NYS Trauma-Informed Network. Add a resource, share an event, help us spread the word and drive change in NYS.

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