NEW YORK STATE TRAUMA-INFORMED NETWORK

FOCUS FORWARD...

BRINGING YOU THE LATEST NEWS FROM THE NYS TRAUMA INFORMED NETWORK

Resources | Connection | Inspiration

FOCUS
Healing-Centered, Trauma-Responsive Education

NEW RESOURCES
Opportunities to learn more on this month's focus

CHAMPION'S CORNER
Features champion James Rodriguez

TIPS
Getting the most from the NYS Trauma-Informed Network

Coming Soon: Information on NYS TI Network Meeting on November 18th!

WELCOME

TO THE NEW YORK STATE TRAUMA-INFORMED NETWORK

We're here to connect you with other organizations around NYS, **bringing you resources and events on a variety of topics that promote trauma-responsive practices.**

Our goal is to support champions of trauma responsive practices across the state with improved connection and access to quality resources. Together we can increase the collective understanding of trauma, improve practice, and support resilience throughout New York State.

FOCUS ON: Healing-Centered, Trauma-Responsive Education

Focus: New Series for Educators

CTAC is pleased to share a new series: H*ealing-Centered Schools: Integrating Trauma Informed and Resilience Building Approaches as Students Return to School.* The series is designed to provide all school personnel and school-based mental health practitioners, in particular, with information, tools and strategies to implement a trauma-informed and resilience building mental health response to address the needs of all students. The series includes: information on collective trauma and the impact of trauma; a description of 3-tiered model of intervention to address the needs of students regardless of the level of exposure to COVID-19 related stress, and; some specific strategies and tools for promoting safety, self-regulation, and connections among students. The series also includes links to other resources to promote trauma sensitive schools.

CHECK OUT THE SERIES

READ THIS MONTH'S BLOG POST

Additional Resources

Here are some important resources:

- Partnering for a Resilient Community Virtual Symposium
- Supporting Students who have Experienced Trauma
- Trauma Resources - NY Office of School Health

Search Resources at the NYS Trauma-Informed Network for more

James Rodriguez, LCSW, PhD

Champion's Corner

This month we acknowledge the contribution of James Rodriguez, member of the NYS TI Network Advisory County and this month's BLOG author. Dr. James Rodriguez is a Senior Research Scientist and Director of Trauma Informed Services at the McSilver Institute. He is a New York State Licensed Clinical Social Worker and Psychologist with over 25 years of providing mental health services to children, youth, and families in a variety of service settings, including direct practice, training and research experience in the area of trauma

treatment and services.

His work at the institute includes the development and dissemination of training materials to promote trauma informed care in diverse service settings for children, youth and families. In addition, Dr. Rodriguez has a private practice that focuses on trauma treatment and is also Adjunct Faculty and teaches cultural competence at the NYU Silver School of Social Work.

Prior to coming to McSilver, Dr. Rodriguez was a child therapist in the School-Based Mental Health program in the Department of Psychiatry at New York Presbyterian Hospital (NYPH) and a research scientist with the Research Foundation for Mental Hygiene in the Division of Child and Adolescent Psychiatry, Columbia University. Dr. Rodriguez received his MSW degree from Columbia University School of Social Work and his PhD in Counseling Psychology, Counselor Education and Supervision, from the University of Washington in Seattle.

TIPS

Here are some suggestions to help you get the most out of the NYS Trauma-Informed Network. Add a resource, share an event, help us spread the word and drive change in NYS.

NYS Trauma Informed Network
https://traumainformedny.org/

Your copy should address 3 key questions: Who am I writing for? (Audience) Why should they care? (Benefit) What do I want them to do here? (Call-to-Action)

Create a great offer by adding words like "free" "personalized" "complimentary" or "customized." A sense of urgency often helps readers take an action, so think about inserting phrases like "for a limited time only" or "only 7 remaining!"