NEW YORK STATE TRAUMA-INFORMED NETWORK

FOCUS FORWARD...

BRINGING YOU THE LATEST NEWS FROM THE NYS TRAUMA INFORMED NETWORK

Resources | Connection | Inspiration

FOCUS
Intergenerational Trauma

NEW RESOURCES
Opportunities to learn more on this month's focus

CHAMPION'S CORNER
Features champion Noora Abdulkerim, MS, MEd

TIPS
Getting the most from the NYS Trauma-Informed Network

Coming Soon:
2022 NYS TI Network Quarterly Meetings Calendar!

WELCOME

TO THE NEW YORK STATE TRAUMA-INFORMED NETWORK

We're here to connect you with other organizations around NYS, **bringing you resources and events on a variety of topics that promote trauma-responsive practices.**

Our goal is to support champions of trauma responsive practices across the state with improved connection and access to quality resources. Together we can increase the collective understanding of trauma, improve practice, and support resilience throughout New York State.

FOCUS ON: Intergenerational Trauma

Focus: Intergenerational Trauma: Its effects and ways to cope

Intergenerational trauma is trauma that moves through and affects people within a family or community which results from a traumatic event that happened years before the current generation. Intergenerational trauma can affect how individuals within a family or community understand, deal with and heal from trauma. The effects of intergenerational trauma are palpable and serious. So what can be done to either support people who experience intergenerational trauma as allies or personally cope as survivors with the combined traumas of COVID-19 and intergenerational trauma?

READ THIS MONTH'S BLOG POST

Additional Resources

Here are some important resources:

- Ghosts and Angels in the Nursery
- Complex Trauma: In Urban African-American Children, Youth, and Families
- The Future of Healing: Shifting From Trauma Informed Care to Healing Centered Engagement

Search Resources at the NYS Trauma-Informed Network for more

Champion's Corner

Noora Abdulkerim, MS, MEd

Noora Abdulkerim is a Rochester Institute of Technology Clinical Psychology Doctoral intern working under the supervision of Dr. Meeker and a School Psychology doctoral candidate at Northeastern University. Her clinical experiences include counseling and assessing children and adolescents of diverse cultural backgrounds, racial backgrounds, ages and psychological profiles. She has conducted research on a wide array of topics including interventions targeting adolescent aggression, appropriate cultural adaptations of mindfulness-based interventions for Muslim populations, systems-level social emotional behavioral prevention interventions and the effects of white fragility in interracial families. Her current dissertation topic will

explore whether or not racial socialization has a moderating effect on the relationship between racial stress and mental health outcomes among Black adolescents. She aims to support the mental healthcare system through culturally competent clinical practice, assessment and consultation, focusing on areas including racial disparities within mental healthcare, economic inequities, community-based care, decolonized therapy and macro level mental health care. She received her Bachelor's degree in Social Studies Education from Boston University, her Master's degree in Special Education from Lesley University, and her second Master's degree in School Psychology from Northeastern University.

TIPS

Here are some suggestions to help you get the most out of the NYS Trauma-Informed Network. Add a resource, share an event, help us spread the word and drive change in NYS.

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