NEW YORK STATE TRAUMA-INFORMED NETWORK

FOCUS FORWARD...

BRINGING YOU THE LATEST NEWS FROM THE NYS TRAUMA INFORMED NETWORK

Resources | Connection | Inspiration

FOCUS
Trauma-Informed Human Resources Practices

NEW RESOURCES
Opportunities to learn more on this month's focus

CHAMPION'S CORNER
Features champion
Siena Tugendrajch, MA

TIPS
Getting the most from the NYS Trauma-Informed Network

Information on NYS TI Network Meeting on November 18th!

WELCOME

TO THE NEW YORK STATE TRAUMA-INFORMED NETWORK

We're here to connect you with other organizations around NYS, bringing you resources and events on a variety of topics that promote trauma-responsive practices.

Our goal is to support champions of trauma responsive practices across the state with improved connection and access to quality resources. Together we can increase the collective understanding of trauma, improve practice, and support resilience throughout New York State.

FOCUS ON: Trauma-Informed Human Resources Practices

Focus: Trauma-Informed Human Resources Practices: Creating Safe,

Supportive, and Collaborative Working Environments

While many organizations have embraced using trauma-informed practices, it may be challenging to start implementing trauma-informed workplace policies. Using trauma-informed Human Resources practices provides a concrete opportunity to embed trust, transparency, safety, and collaboration into everyday organizational practices.

READ THIS MONTH'S BLOG POST

Additional Resources

Here are some important resources:

- How to Create an Employee Resource Group for Mental Health
- Let's Talk About Burnout
- Workforce Wellness Strategies

Search Resources at the NYS Trauma-Informed Network for more

Champion's Corner

Siena Tugendrajch, MA

Siena Tugendrajch is currently a Consulting Intern at CCSI working under the supervision of Dr. Elizabeth Meeker. Siena completed her undergraduate degree at Skidmore College and then served as a post-baccalaureate research assistant at Dartmouth College. She is a Clinical Psychology doctoral candidate at the University of Missouri-Columbia, where she has specialized in the dissemination and implementation of evidence-based mental health services for youth and families.

As a researcher, Siena has been most interested in the evaluation of therapist training efforts, including ongoing supervision and consultation, and including caregivers and school personnel in mental health services for youth. Using a cognitive-behavioral, strengths-based, and goal-oriented approach, Siena has provided outpatient treatment and assessment for youth and adult clients, school-based mental health services at the student and classroom level, and home-based Multisystemic Therapy for juvenile justice-involved youth and their families. Since the beginning of the COVID-19 pandemic, she has become increasingly interested in the role of self-care in protecting mental health providers from burnout and in promoting resiliency in difficult times. Above all, Siena is passionate about increasing equitable access to high quality mental health services for youth and families from all backgrounds.

TIPS

Here are some suggestions to help you get the most out of the NYS Trauma-Informed Network. Add a resource, share an event, help us spread the word and drive change in NYS.

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