NEW YORK STATE TRAUMA-INFORMED NETWORK

FOCUS FORWARD...

BRINGING YOU THE LATEST NEWS FROM THE NYS TRAUMA INFORMED NETWORK

Resources | Connection | Inspiration

FOCUS
Get informed with this month's special focus: Trauma-Informed Care Principles as a Solution to Meet Current Challenges

NEW RESOURCES
Check out these centralized resources to applying TI Principles to Current Events

CHAMPION'S CORNER
Features champion organization: The Westchester Resilience Coalition

TIPS
Getting the most from the NYS Trauma-Informed Network

WELCOME
TO THE NEW YORK STATE TRAUMA-INFORMED NETWORK

We're here to connect you with other organizations around NYS, bringing you resources and events on a variety of topics that promote trauma-responsive practices.

Our goal is to support champions of trauma responsive practices across the state with improved connection and access to quality resources. Together we can increase the collective understanding of trauma, improve practice, and support resilience throughout New York State.

FOCUS ON: TIC Principles as a Solution for Current Challenges

Focus

Trauma-Informed Care: Essential in Recovery from COVID-19 and Beyond.

The impact of the pandemic and the burgeoning awareness of social justice has broadened the conversation of understanding trauma and adversity. Increasingly there is interest from a wider variety of stakeholders to incorporate an understanding of trauma to effectively respond to the pandemic while simultaneously dismantling historic practices from a trauma-informed equity lens. In the May issue of the Rochester Business Journal, Dr. Elizabeth Meeker invites all sectors of society to have a baseline understanding of the impacts of adversity and trauma to support organizational and community responsiveness.

Read the Full Article

Read this Month's Blog

Additional Resources

Here are some additional resources to effectively understand and implement TIC Principles:

- The NYS Trauma-Informed Coalition
- Covid-19 Coping Strategies for Adult Complex Trauma Survivors
- ACEs Response Webinar Series
- Collective Trauma and Grief

Search Resources at the NYS Trauma-Informed Network for more

Champion's Corner

WESTCHESTER RESILIENCE COALITION
ACEs informed and aligned

The Westchester Resilience Coalition

This month's Champion recognizes the work of the Westchester Resilience Coalition whose vision is that all services in Westchester County are informed by and aligned with the science of ACEs and Resilience. The Coalition builds awareness of adverse childhood experiences (ACEs) as a public health concern and promotes understanding of the ability of protective factors to strengthen individuals, families and communities. The Coalition seeks to foster resilience in Westchester County by supporting development of creative responses to the challenge of ACEs. Their work embraces

core trauma-informed principles and wellness practices that are known to be effective. Principles include: safety and trust, peer support, voice and choice, mutuality and reciprocity, physical and emotional well-being and security, racial equity, and a networked community of support.

TIPS

Here are some suggestions to help you get the most out of the NYS Trauma-Informed Network. Add a resource, share an event, help us spread the word and drive change in NYS.

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