NEW YORK STATE TRAUMA-INFORMED NETWORK

FOCUS FORWARD...

BRINGING YOU THE LATEST NEWS FROM THE NYS TRAUMA INFORMED NETWORK

Resources | Connection | Inspiration

FOCUS
Get informed with this month's special focus: Transition Age Youth (TAY)

NEW RESOURCES
Check out these centralized resources specific to meeting the needs of youth.

CHAMPION'S CORNER
Features champion organization: Teen Empowerment

TIPS
Getting the most from the NYS Trauma-Informed Network

WELCOME
TO THE NEW YORK STATE TRAUMA-INFORMED NETWORK

We're here to connect you with other organizations around NYS, **bringing you resources and events on a variety of topics that promote trauma-responsive practices.**

Our goal is to support champions of trauma responsive practices across the state with improved connection and access to quality resources. Together we can increase the collective understanding of trauma, improve practice, and support resilience throughout New York State.

FOCUS ON: Transition Age Youth

Focus

The Importance of Trauma-Informed Approaches for Transition Age Youth.

Transition Age Youth (TAY) frequently experience transitions from child-serving to adult-serving education, health and human service settings. Yet this population has unique needs that distinguish them from these generally binary systems. This month we consider ways in which trauma-informed approaches can be applied to effectively engage, connect, and support individuals in this population.

Read the BLOG Post

Additional Resources

Here are some additional resources to guide us in our work and support of youth in our lives:

- Building Resilience in These Uncertain Times
- Covid-19 Coping Strategies for Youth with a History of Complex Trauma
- Complex Trauma in Justice Involved Youth
- Interactive Stress Management Plan for Teens and TAY

Search Resources at the NYS Trauma-Informed Network for more

Champion's Corner

Center for Teen Empowerment

This month's Champion recognizes the work of the youth at the Center for Teen Empowerment. The organizational mission is to employ, train, and empower youth to, in collaboration with adults, create peace, equity, and justice. Working in Boston and Somerville, MA and in Rochester, NY, Teen Empowerment employs low- income, urban teens to identify the most pressing issues in their communities and to develop a strategy to address those issues. At each of TE's four youth organizing sites, 2-3 adult staff members and 12-15 youth organizers work as a group every day, all-year to plan and implement initiatives that involve a large number of their peers and community adults. Annually, TE employs 125

youth who involve more than 5,000 others in their community change initiatives. TE also provides consulting and training to help other service providers adapt our methods for their own use. We also market and sell our book on interactive facilitation, **Moving Beyond Icebreakers**. As an organization they embody the principles of Trauma-Informed Care. As youth, they are critical change-makers active in creating a healthier world.

TIPS

Here are some suggestions to help you get the most out of the NYS Trauma-Informed Network. Add a resource, share an event, help us spread the word and drive change in NYS.