NEW YORK STATE TRAUMA-INFORMED NETWORK

FOCUS FORWARD...

BRINGING YOU THE LATEST NEWS FROM THE NYS TRAUMA INFORMED NETWORK

Resources | Connection | Inspiration

Please Note: We apologize that this month's Focus Forward Newsletter included a non-functioning the link. Motivational Interviewing as a Trauma-Informed Approach provides information on alignment from the perspective of Behavioral Health can be found here: https://resources.traumainformedny.org/resources/148

Thank you,
The NYS TI Network Admin Team

FOCUS

Get informed with this month's special focus: Motivational Interviewing as a Tool for Trauma-Informed Care

NEW RESOURCES

Check out these great resources on Motivational Interviewing and TIC

CHAMPION'S CORNER

Features champion:
Cheryl Martin

TIPS

Getting the most from the NYS Trauma-Informed Network

WELCOME

TO THE NEW YORK STATE TRAUMA-INFORMED NETWORK

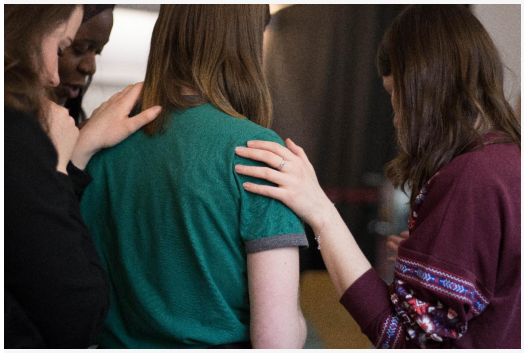
We're here to connect you with other organizations around NYS, bringing you resources and events on a variety of topics that promote trauma-responsive practices.

Our goal is to support champions of trauma responsive practices across the state with improved connection and access to quality resources. Together we can increase the collective

understanding of trauma, improve practice, and support resilience throughout New York State.

FOCUS ON: Motivational Interviewing and TIC

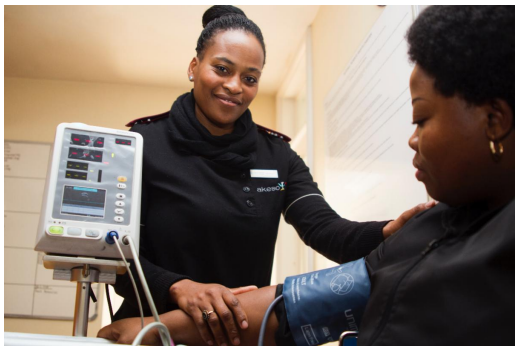
Focus



A Perfect Fit

When implementing trauma-responsive practices it can get confusing about which tools and initiatives are in alignment. ***A Perfect Fit: Motivational Interviewing in trauma-informed work with women*** delineates the symbiotic relationship between MI and TIC with this population.

RELATED BLOG POST



Additional Resources

Motivational interviewing is a learn-able skill that will benefit practitioners and patients alike. In this 2 1/2-minute video Jennifer Hah, MD, MS talks about what clinicians should know and options to learn more.

The Motivational Interviewing Network of Trainers (MINT) provides resources and training experiences to learn more about this practice.

Motivational Interviewing as a Trauma-Informed Approach provides information on alignment from the perspective of Behavioral Health.

Search Resources at the NYS Trauma-Informed Network for more

Champion's Corner

This month we acknowledge the contributions of Cheryl Martin, MA, RN, CASAC. Cheryl currently works an an Integrated Health Trainer and Clinical Consultant for Coordinated Care Services, Inc. She has a BSN in Nursing, MA in Psychology and over 42 years of health promotion as an RN. Cheryl's nursing experience includes 13 years in surgery and medicine as well as 29 years in behavioral health. She earned a Trauma Certificate from the University of Buffalo, School of Social Work and is also a Master Certified Alcoholism and Substance Abuse Counselor. She has been a member of Motivational Interviewing Network Trainers (MINT) since 2004. Cheryl has 15 years of managerial experience guiding her staff as well as the adolescents and adults receiving services on a substance use disorder rehabilitation unit. She coaches, guides and supports local agencies and individuals as they seek to strengthen their trauma responsive and motivational interviewing skills.

Connect with Cheryl via LinkedIn.

TIPS

Here are some suggestions to help you get the most out of the NYS Trauma-Informed Network. Add a resource, share an event, help us spread the word and drive change in NYS.

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