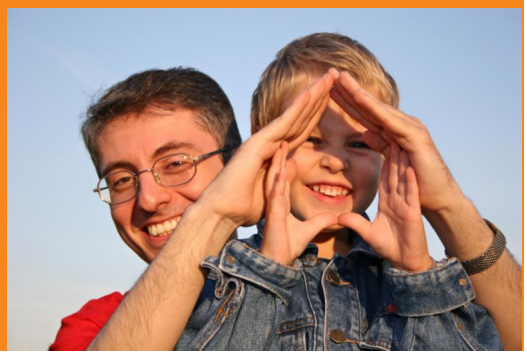
NEW YORK STATE TRAUMA-INFORMED NETWORK

FOCUS FORWARD...

BRINGING YOU THE LATEST NEWS FROM THE NYS TRAUMA INFORMED NETWORK

Resources | Connection | Inspiration



FOCUS

Get informed with this month's special focus:
MVP, Surrogate Parent or Mentor?
The Crucial Role of Front-Line Workers in Building a Unified Trauma-Informed Residential Services Team for Youth

NEW RESOURCES

Check out these great resources on trauma-responsiveness in residential settings

CHAMPION'S CORNER

Features champion: Mandy Habiib

TIPS

Getting the most from the NYS Trauma-Informed Network

WELCOME

TO THE NEW YORK STATE TRAUMA-INFORMED NETWORK

We're here to connect you with other organizations around NYS, bringing you resources and events on a variety of topics that promote trauma-responsive practices.

Our goal is to support champions of trauma responsive practices across the state with improved connection and access to quality resources. Together we can increase the collective understanding of trauma, improve practice, and support resilience throughout New York State.

FOCUS ON: Trauma-Responsive Approaches in Residential Care

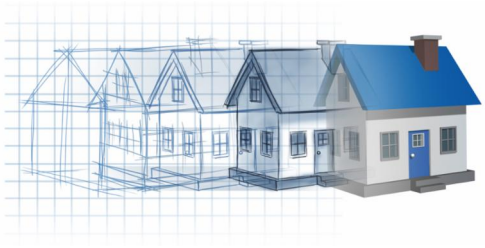
Focus

MVP, Surrogate Parent, or Mentor? This month's focus offers insights into effectively delivering care to youth in residential services and treatment.

Rarely are youth referred to residential treatment to address symptoms of trauma alone or due to their history of trauma. Yet, the majority of youth in residential care have significant and extensive trauma histories. Effectively incorporating trauma-responsive approaches systemically creates the environment where more youth may effectively build capacity to manage severe difficulties with emotions, behavior and functioning. These capacities are essential to their success upon return to their homes and community.

READ MORE

Additional Resources



Among many other resources, the National Child Traumatic Stress Network (NCTSN) provides Fact Sheets on Complex Trauma for a wide variety of residential settings and staff.

Complex Trauma: Facts for Treatment Staff in Residential Settings provides general guidelines for residential treatment providers

Complex Trauma: Facts for Directors, Administrators and Staff in Residential Settings offers leadership and staff information on youth needs, policies, training and self-care

Complex Trauma in Juvenile-Justice System Involved Youth. This fact sheet describes "survival-oriented coping" and offers recommendations for judges, juvenile justice program administrators and other caring adults

Search "residential" or "complex trauma" in Resources at the NYS Trauma-Informed Network for more

Champion's Corner

As member of the NYS Trauma-Informed Network Advisory Council, Mandy Habib, Psy.D. has provided leadership in best practice in working with youth

Mandy Habib

and families with trauma-responsive approaches. She is the Co-Director of the ***Institute for Adolescent Trauma Training & Treatment*** at Adelphi University's School of Social Work. The Institute, a SAMHSA-funded center within the **National Child Traumatic Stress Network (NCTSN)**, is focused on improving the provision of trauma-informed services to children and adolescents through training and workforce development. Dr. Habib has many years of research, supervisory, and clinical experience working in the field of traumatic stress and serves as Co-Chair of the NCTSN's Complex Trauma Work Group. In her role as a treatment developer and primary national trainer for Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS), Dr. Habib has provided in-depth trauma-focused training and supervision to more than 1,000 clinicians across the country and continues to provide local and national training and consultation on a range of topics, including the impact, assessment, and treatment of complex trauma in children and adults. She has additionally collaborated extensively with school systems and departments of juvenile justice in several states as they work toward implementing trauma-informed services for youth. Dr. Habib is also Co-Director of the *Complex Trauma Treatment Network*, a collaboration with the Justice Resource Institute and Suffolk University. We are grateful for her ongoing work and the support of the Network!

TIPS

Here are some suggestions to help you get the most out of the NYS Trauma-Informed Network. Add a resource, share an event, help us spread the word and drive change in NYS.

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