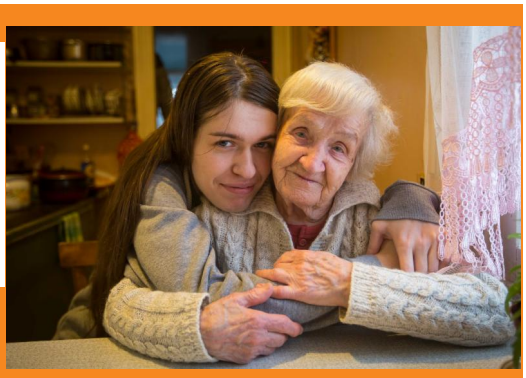
NEW YORK STATE TRAUMA-INFORMED NETWORK

FOCUS FORWARD...

BRINGING YOU THE LATEST NEWS FROM THE NYS TRAUMA INFORMED NETWORK

Resources | Connection | Inspiration



FOCUS

Get inspired with this month's special focus: Empowering Parents & Caregivers

NEW RESOURCES

Check out these great resources to support Parenting & Caregiving

CHAMPION'S CORNER

Learn more about Dawn Daum and her work on Parenting with PTSD

TIPS

Getting the most from the NYS Trauma-Informed Network

WELCOME

TO THE NEW YORK STATE TRAUMA-INFORMED NETWORK

We're here to connect you with other organizations around NYS, bringing you resources and events on a variety of topics that promote trauma-responsive practices.

Our goal is to support champions of trauma responsive practices across the state with improved connection and access to quality resources. Together we can increase the collective understanding of trauma, improve practice, and support resilience throughout New York State.

FOCUS ON: Empowering Parents & Caregivers

Focus

This month's focus recognizes the power of the caregivers in our lives. Whether we are survivors of trauma or are professionals who serve parents, caregivers, and families, increasing trauma-responsive caregiving practice is a vital aspect of empowerment and healing.

READ MORE

Additional Resources

The Center for Parent and Teen Communication is a resource-rich site built on the pillars of trauma-responsiveness, positive youth development, and resilience development. High quality, interactive, meaningful information is freely available to parents and youth alike -as well as for professionals serving youth and families.

Parents and caregivers can increase their knowledge and skills to best support healthy brain development. And professionals can help! Check out Helping Caregivers to Promote Healthy Brain Development to find practical tips to support pro-development parent-child relationships.

Hear personal and parental reflections on the impact of trauma and adversity in this 8-minute video clip.

Search "parenting" in Resources at the NYS Trauma-Informed Network for more

Champion's Corner

Dawn Daum is the co-editor of the book *Parenting with PTSD: the impact of childhood abuse on parenting*. She is a survivor of her own history of trauma, and has spent nearly 20 years working in the trenches of the mental health system. Dawn

uses both her personal and professional experience to write, speak, and facilitate conversation; helping to repair the systemic cracks witnessed nearly all her life.
Dawn is also the Program Director for a dually-diagnosed community residence in Saratoga Springs, NY. She is currently experiencing moderate to severe growing pains as she works to shift our culture's understanding of what it means to experience and heal from trauma. Dawn is also a member of the NYS Trauma Informed Advisory Council where she has been a powerful advocate in representing caregiver and survivor voice.

You can connect with Dawn via email at parentingwithptsd@gmail.com, or visit her website to learn more. And check out her recent blog post on traumainformedny.org

TIPS

Here are some suggestions to help you get the most out of the NYS Trauma-Informed Network. Add a resource, share an event, help us spread the word and drive change in NYS.

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