NEW YORK STATE TRAUMA-INFORMED NETWORK

FOCUS FORWARD...

BRINGING YOU THE LATEST NEWS FROM THE NYS TRAUMA INFORMED NETWORK

Resources | Connection | Inspiration

FOCUS

Get informed with this month's special focus: Equity and Inclusivity in Trauma-Responsiveness

NEW RESOURCES

Check out these great resources on trauma-responsiveness aligned with Equity

CHAMPION'S CORNER

Features champion:
Dr. Jacob Ham
Mount Sinai Beth Israel

TIPS

Getting the most from the NYS Trauma-Informed Network

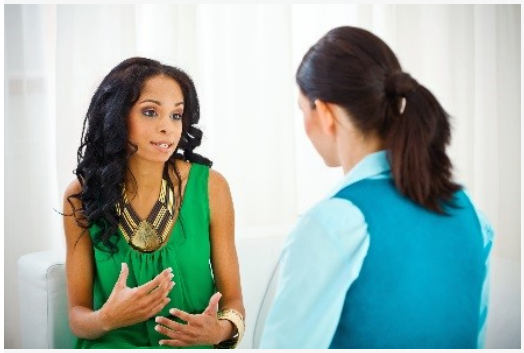
WELCOME

TO THE NEW YORK STATE TRAUMA-INFORMED NETWORK

We're here to connect you with other organizations around NYS, bringing you resources and events on a variety of topics that promote trauma-responsive practices.

Our goal is to support champions of trauma responsive practices across the state with improved connection and access to quality resources. Together we can increase the collective understanding of trauma, improve practice, and support resilience throughout New York State.

FOCUS ON: Equity and Inclusivity in Trauma-Responsiveness



Focus

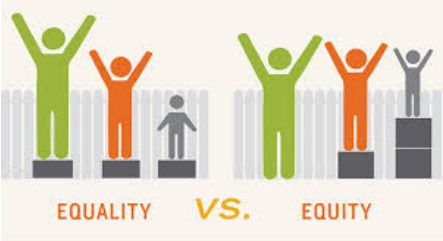
When the milieu is the primary intervention, how do residential providers assure that environments meet the needs of all residents and staff?

Advancing Inclusivity in Trauma-Informed Residential Services and Staffing offers insight on best serving populations who have experienced disparity, systemic exclusion, and discrimination. Achieving treatment success requires residential programs, leadership and staffing to recognize, reflect upon, and engage in intentional, systematic and ongoing efforts to dismantle structures, revise policies, redress implicit practices, and transform outdated organizational cultures that intentionally or unintentionally perpetuate disempowerment of minority clients and personnel.

READ MORE

RELATED BLOG POST

Additional Resources



Information and best practices for engaging with people of diverse backgrounds for data collection and health equity can be found in Using Data: Get to Know Me Better to Serve Me.

The National Child Traumatic Stress Network (NCTSN) provides general information to understand Complex Trauma in Urban African-American Children, Youth and Families

Integrating Social Care into the Delivery of Health Care: Moving Upstream to Improve the Nation's Health, identifies and assesses current and emerging approaches and recommends ways to expand and optimize social care in the health care setting.

The Equity in Mental Health Framework and toolkit provide best practice recommendations for college and university mental health programs. May also be helpful to students, families and communities.

Search Resources at the

NYS Trauma-Informed Network
for more

Dr. Jacob Ham

Champion's Corner

Dr. Jacob Ham is a licensed clinical psychologist who works to improve people's lives by helping them heal from interpersonal injury and the self-harm of fear, doubt, loathing and despair. He provides psychotherapy through a faculty practice at Mount Sinai Beth Israel. Though this practice in New York City, he sees children, youth, adults, and families across the age range and for a variety of issues. To learn more about his practice, please visit: psychologytoday.com, goodtherapy.org or by contacting him directly.

Dr. Ham is a committed advocate for increasing trauma-responsive approaches. Among other efforts, he has made a significant contribution to capacity building with staff and programs at juvenile detention facilities. He also seeks to connect with the community and reach those seeking answers and support by providing engaging information on Youtube.

TIPS

Here are some suggestions to help you get the most out of the NYS Trauma-Informed Network. Add a resource, share an event, help us spread the word and drive change in NYS.

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